



So my personal best gets better

There is nobody quite like you, and there is no other treadmill quite like the Classic from True. This unique machine offers a highly desirable combination of features, customization and value.

Workouts happen for lots of reasons. The Classic's programs adjust for them, now and into the future. Create personal workouts and save them to memory. Or let True's HRC mode automatically adjust the speed and grade of your treadmill to your heartbeat.

Smart exterior design fits an 18" by 52" surface for long strides into a compact footprint. Just a quick look tells you what you need to know. And fewer buttons keep your treadmill operation from detracting from your goals.



There's nothing like a classic

The True Classic is a unique combination of the **best in innovative design and unparalleled value**. Smooth, quiet and powerful, the award-winning Classic features all the great elements that make it the best in its class.

Have it your way

Whether you're training for a marathon or walking your way to better health, the True Classic has 2 completely **customizable program settings so you and another user can get just the workout you want**. It also gives you 4 exciting pre-set programs, each with 9 levels of intensity - Hill Interval, Speed Interval, CV Workout, and Weight Loss. **The Classic makes it easy to achieve your fitness goals.**



It's what's inside that counts

The Classic's smooth, whisper-quiet operation is a result of a **precisely balanced 3 hp motor and our own custom-size crown-free rollers**, built to our exacting specifications. We also manufacture our own **high-density deck with a highly durable laminate up to 20 times thicker than the industry standard, and our 4-ply belt with a triple weave backing** that produces less friction so it lasts longer.



Solid as a rock

Nothing matches the strength of steel. Rather than using lightweight aluminum, all True treadmills feature **heavy-gauge, robotically welded steel** throughout for superior stability, durability, and performance. This helps ensure that **you and your True will be together for years to come.**



Follow your heart to fitness

One of the Classic's great features is our **patented Heart Rate Control (HRC) System**. You select your target heart rate and the Classic HRC will automatically adjust both grade and speed to help you maintain that heart rate. **There is no better way to obtain maximum results from your fitness program** in the least amount of time.

A HISTORY OF EXCELLENCE

"A CONSUMER BEST BUY in treadmills, (True's Classic) is a smooth machine with lots of options that won't put you into bankruptcy court. Its controls are very easy to read and provides information to the exerciser during the workout."

Consumer Digest / September-October 1998



THE CLASSIC TREADMILL

my goal. my path. my machine.



800.426.6570

truefitness.com

TRUE my goal. my path. my machine.

CLASSIC THE TREADMILL



MY GOAL
MY PATH
MY MACHINE



Turn your personal goals into reality. Whether you're burning off ice cream calories or stress, following doctor's orders or a training schedule, True is made for you. Precision controls and remarkable adaptability advance you to your goals, putting you in absolute control.

The inspiration for equipment that's so in sync with you is Humanomics. It's a design philosophy that goes beyond the physical efficiency of ergonomics, to complement both body and mind. This is our founder's unique vision. Before anyone else in the industry, Frank Trulaske believed in a holistic, handcrafted approach to fitness equipment. True delivers optimal performance by ensuring all elements work precisely together. Including you, the user. That's why True equipment is comfortable, intuitive, even inspiring. And made for a lifetime.

my goal. my path. my machine. TRUE

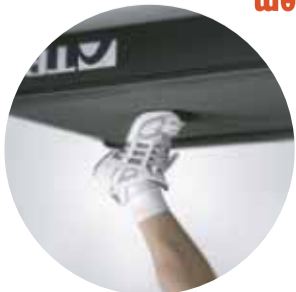
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Control Panel



The Classic features a patented deck design called the **SOFT Transfer System**. The front third of the running surface is softer, so that when your foot strikes the tread belt, it reduces the impact. As your foot moves back along the belt, the surface stabilizes to give you a firm push-off.

SOFT System
Shock absorbing, Orthopedically correct, Foot-plant, Transfer System



- 0 - 10 MPH Speed Range
- 0 - 15 Incline Range
- 18" W x 52" L Treadbelt Area
- 3 hp Motor
- SOFT System
- Mono LED Display Type
- 7 x 20 Progress/Matrix Display
- Data Readouts
- Distance, Grade, Time, Speed, Pace, Calories, METs, Heart Rate
- Heart Rate Monitoring
- Heart Rate Control Programs
- 4 Preset Programs
- 2 User Programs

The Classic

- 23" W x 64" L x 52" H Footprint
- 220 lb Treadmill Weight
- 400 lb Maximum User Weight
- 120V @ 60Hz Power
- Cruise Control
- Welded Steel Frame
- Warranty
FRAME 30 yr.
ALL PARTS 5 yr.
LABOR 1 yr.

*International specifications and warranty information available on request.

The True Classic is a durable, high quality machine with a simple, rugged design. The Classic is also quiet and compact, and comes with a lot of great standard features that will make it a valuable workout partner for years to come.

The treadmill that withstands the test of time